



# 1<sup>ST</sup> RECRUIT TRAINING BATTALION

## ARMY RECRUIT COURSE



WEEK	MON	TUE	WED	THU	FRI	SAT	SUN	
<b>EXCELLENCE</b>	<b>1</b>	Haircut Emergency evacuation procedures	Issue uniform Defence Force Discipline Act	Blood tests Inoculations	Induction and force preservation training	Introduction to drill	Church service Drill	
	<b>2</b>	PT Personal administration	Security vetting Pay and entitlements	Pre-enlistment Fitness Assessment	Defence Values	Army history customs and traditions	Radio operations and communication	Church service Drill
<b>INTEGRITY</b>	<b>3</b>	High wire confidence course	Defence Values	Weapon handling (EF88)	Weapon handling (EF88)	Weapon handling (EF88)	Church service First aid	
	<b>4</b>	Resilience training	Weapons handling (EF88)	Weapons handling (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Tactics and field craft	Church service Tactics and field craft
<b>RESPECT</b>	<b>5</b>	Marksmanship (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Personal administration and revision	Church service Night fighting equipment
	<b>6</b>	Marksmanship (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Marksmanship (EF88)	Army combative program	Weapon handling (F89) Night fighting equipment	Church service Night fighting equipment
<b>COURAGE</b>	<b>7</b>	Navigation Weapons handling (F89)	Navigation Weapons handling (F89)	Australian War Memorial	Marksmanship (F89)	Marksmanship (F89) Navigation	Navigation	Navigation
	<b>8</b>	First aid	First aid	First aid	First aid	Tactical care of the combat casualty	Personal administration and revision	Church service Grenade practice
<b>SERVICE</b>	<b>9</b>	Grenade practice	Laws of armed conflict	Chemical biological radiological nuclear training	Mask test facility practice	Obstacle course	Navigation	Bayonet assault course
	<b>10</b>	Tactics and field craft	Field training area	Field training area	Field training area	Combat assault lane	Exercise Foundation Combatant	Exercise Foundation Combatant
<b>SERVICE</b>	<b>11</b>	Exercise Foundation Combatant	Exercise Foundation Combatant	Exercise Foundation Combatant	Exercise Combatant Ready	Exercise Combatant Ready	Personal administration	Church service Personal administration
	<b>12</b>	Drill Army swim test Haircut	Drill Inoculations	Dress inspection Drill	Room inspection Parade rehearsal	March out parade	Personal administration	Church service Prepare for departure